

# COUNSELOR'S CORNER

QUITMAN HIGH SCHOOL

JUNE-JULY 2011

HAVE A GREAT SUMMER!

## Announcements:

**Enjoy your summer vacation!**

**Tips for a successful summer:**

Stick to a good sleeping schedule.

Read a few good books, play word games, or write in a journal to help keep your mind sharp.

Stay active by swimming, walking, or riding a bike.

Find a part-time job or do volunteer work.

Take time to relax!

**Seniors 2011!** Don't forget to fill out your application for TOPS by visiting [www.fafsa.ed.gov](http://www.fafsa.ed.gov). Through this application process, it will also determine if you are eligible for grants or loans. You will need your parents help with this process and their latest tax information. The deadline to apply is **June 30th**...don't let this sneak up on you.

**Back to school** on August 15, 2011



That some achieve great success, is proof to all that others can achieve it as well.

-Abraham Lincoln

## ACT DATES

Register at [www.actstudent.org](http://www.actstudent.org)

**September 10th**– registration deadline is August 12th

**October 22nd**– registration deadline is September 16th

## SENIORS 2012

Take advantage of summer months to visit prospective colleges!

## SCHOLARSHIPS

Louisiana Knights of Columbus.  
Apply online at  
[www.louisianakc.org](http://www.louisianakc.org)

Apple Scholarships  
[www.apple.com/education/students/scholars](http://www.apple.com/education/students/scholars)

National High School Poetry Contest  
[www.highschoolpoetrycontest.com](http://www.highschoolpoetrycontest.com)

Sam Walton Community Scholarships  
[www.walmartstores.com/CommunityGiving/8732.aspx](http://www.walmartstores.com/CommunityGiving/8732.aspx)